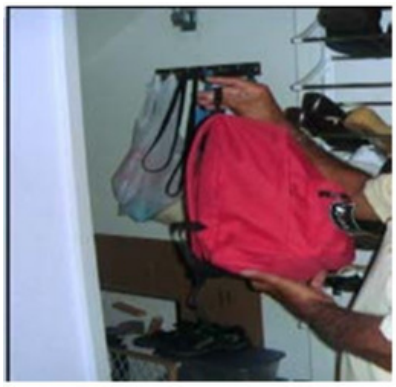
Feeling Safe, Being Safe (FSBS)

Emergency Preparedness Training

What: The Self-Advocacy Advisory Council (SAAC) is providing emergency preparedness training for individuals with disabilities, and access and functional needs.

Why: SAAC is using tools that were made by people with disabilities. They want people to take charge and be safe and prepared for an emergency.

How: Each participant will complete a *Feeling Safe, Being Safe* worksheet and magnet. They will also learn how to put an emergency kit together.



If you are interested, please call Zosimo Arista, Jr., at (808) 586-8169.

Feeling Safe, Being Safe

Frequently Asked Questions

Is there a fee for the Train the Trainer workshop?

NO. There is no fee for the *Feeling Safe, Being Safe* training offered by the Hawaii Self-Advocacy Advisory Council (SAAC).

Who can attend this training?

The training is for people with disabilities, access and functional needs, families, caregivers, support staff, and community members who are looking to better understand emergency preparedness.

What materials will attendees receive?

All workshop attendees will receive a Red Folder with a *Feeling Safe, Being Safe* DVD, a Worksheet, and a Magnet. All materials were designed by individuals with developmental disabilities.

Who will conduct the training?

The training will be facilitated by a Peer Advocate who is a Certified *Feeling Safe, Being Safe* trainer, with support from a facilitator.

What are the responsibilities of workshop participants?

Each participant is asked to complete their worksheet, magnet and put a kit together. The Trainer will contact each person one month after the training to follow up on making sure the worksheet, magnet and emergency kit is completed.

Who can we contact for future FSBS Trainings?

Contact Kaili Swan, SAAC Emergency Preparedness Officer, or Zosimo Arista, Jr., at the Hawaii State Council on Developmental Disabilities at (808) 586-8169.

FEELING SAFE, BEING SAFE

Individual Training