



What Is Your Emergency Plan?

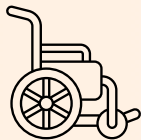
Think about what **you need every day to stay safe, healthy, connected, and independent**. Make a plan for how those needs will be met during an emergency.

Prepare For Your Needs



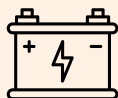
Medications & medical supplies.

Keep medications, prescription information, and important health information ready.



Assistive devices & equipment.

Plan to take your wheelchair, walker, communication device, hearing or vision equipment, and other essential devices with you.



Power needs.

If you depend on electricity for medical or assistive equipment, refrigerated medications, or charging, make a backup power plan.



Transportation.

Know how you will evacuate and where you will go. If you need accessible transportation, plan ahead.



Communication.

Know how you will get accessible emergency alerts and communicate if your usual method, phone, or internet is not available.



Support people.

Talk with family, friends, caregivers, or other trusted people about your emergency plan. Have a backup if your usual support person is unavailable.



Service animals.

Include your service animal and their food, water, medications, and supplies in your plan.

Connect Before An Emergency

Get to know your neighbors and community members.

Build a support network before an emergency happens. Share what you may need and how others can support you. Know who you can contact if you need help.



THINK. PLAN. DO.

- What do I need every day?
- What could be harder during an emergency?
- Fill out my emergency information, and pack my go bag.
- Call a buddy and make sure they are prepared.