RapidSOS

Medical ID Setup

iOS

Step 1 Open the **Health** app and tap the **Summary** tab on the bottom left of the screen.

Step 2 Tap your **profile picture** in the upper right corner.

Step 3 Under your profile picture, tap **Medical ID**.

Step 4 Tap **Add** or **Edit** next to the field you want to fill in. You can add medical information such as medications, allergies, and any conditions you may have. Tap the **blue checkmark** button when you are done. If you have not created a Medical ID yet, tap **Get Started**.

Step 5 To make your medical information readily available to emergency responders, make sure you are still on the **Medical ID** page, and scroll up to **Emergency Access**.

Step 6 Turn on **Show When Locked**.
This will make your Medical ID available from the Lock screen. In an emergency, this gives information to people who want to help.

Step 7 Turn on **Share During Emergency Call**.
When you make a call or send a text to emergency services on your iPhone or Apple Watch, your Medical ID will automatically be shared with emergency services.

Best Practices for Medical ID

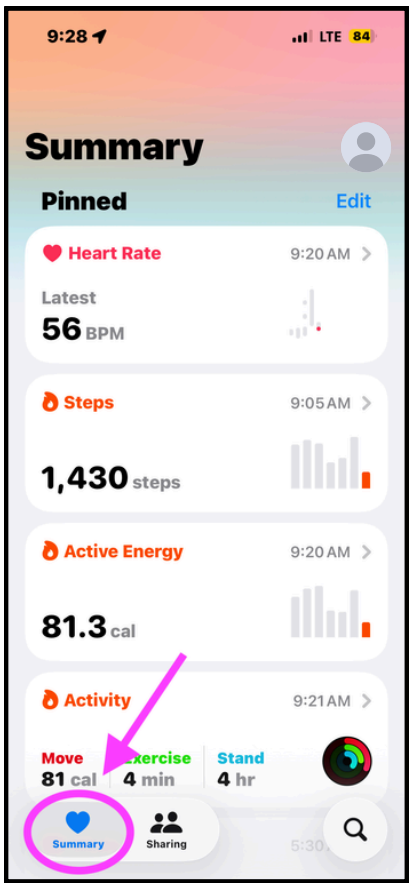
- Be concise. Avoid overly detailed, non-essential information.
- Check spelling. Double check medication names.
- Add multiple emergency contacts.
- Regularly update information, especially after doctor visits or other major life events.
- Inform your friends and family that you have a Medical ID.

State of Hawaii
911 Board

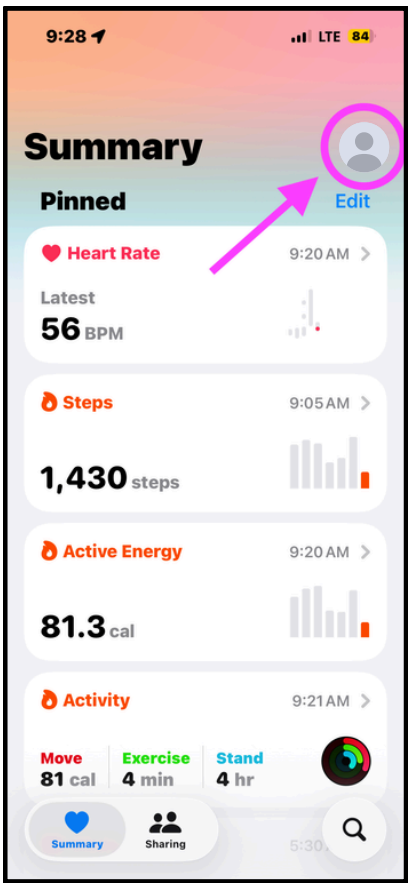
Please see the back of the page for a visual aid

iOS Visual Aid

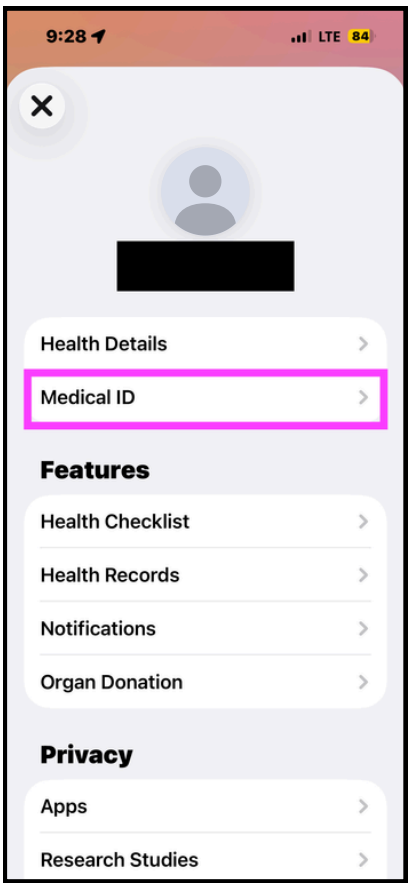
Step 1



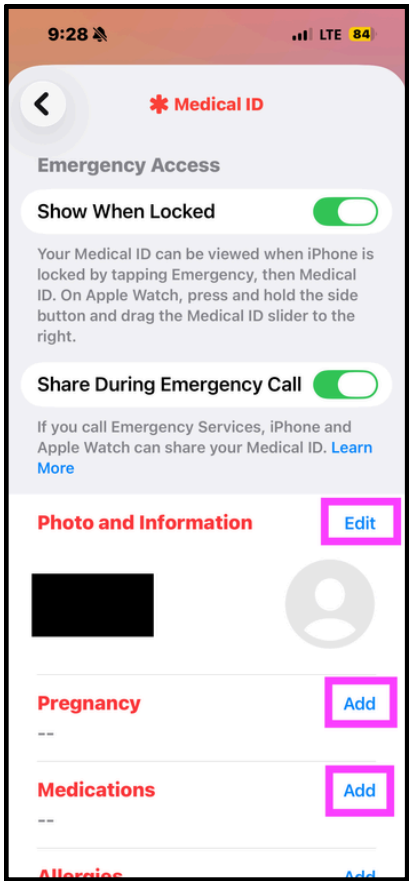
Step 2



Step 3



Step 4



Steps 5 - 7

