

Medical ID Setup

Apple iOS

How To Setup Your Medical ID

- Step 1** Open the **Health** app and tap the **Summary** tab on the bottom left of the screen.
- Step 2** Tap your **profile picture** in the upper right corner.
- Step 3** Under your profile picture, tap **Medical ID**.
- Step 4** Tap **Add** or **Edit** next to the field you want to fill in. You can add medical information such as medications, allergies, and any conditions you may have. Tap the **blue checkmark** button when you are done. If you have not created a Medical ID yet, tap **Get Started**.
- Step 5** To make your medical information readily available to emergency responders, make sure you are still on the **Medical ID** page, and scroll up to **Emergency Access**.
- Step 6** Turn on **Show When Locked**.
This will make your Medical ID available from the Lock screen. In an emergency, this gives information to people who want to help.
- Step 7** Turn on **Share During Emergency Call**.
When you make a call or send a text to emergency services on your iPhone or Apple Watch, your Medical ID will automatically be shared with emergency services.

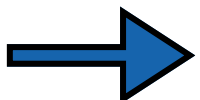
Best Practices for Medical ID

- Be concise. Avoid overly detailed, non-essential information.
- Check spelling. Double check medication names.
- Add multiple emergency contacts.
- Regularly update information, especially after doctor visits or other major life events.
- Inform your friends and family that you have a Medical ID.



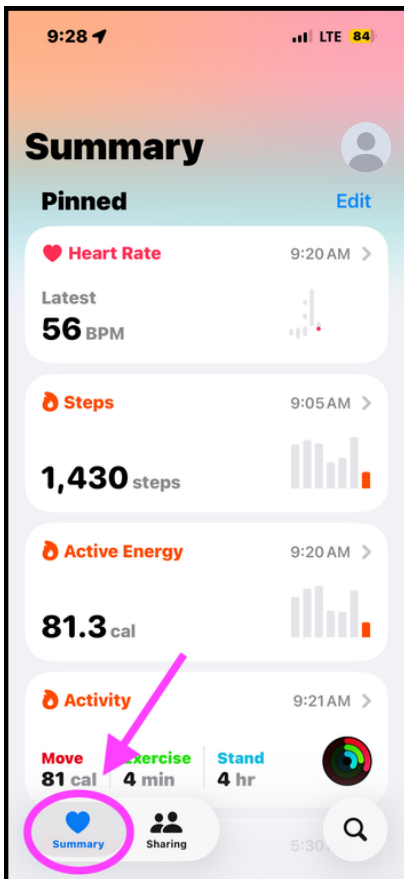
State of Hawaii
911 Board

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the page for a visual aid

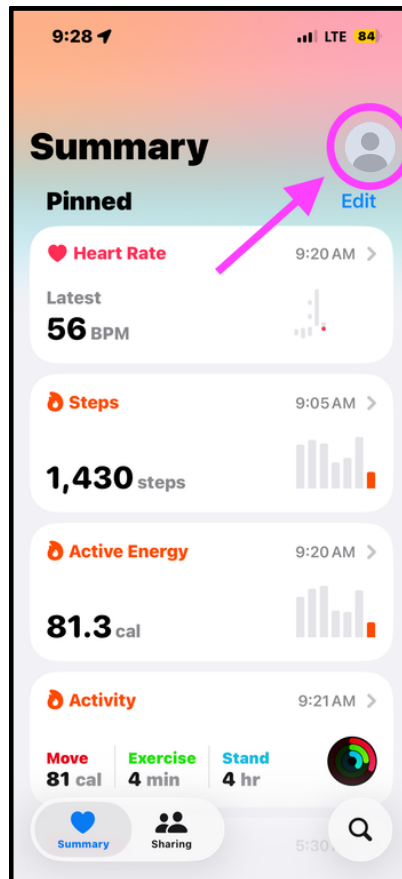


Apple iOS Visual Aid

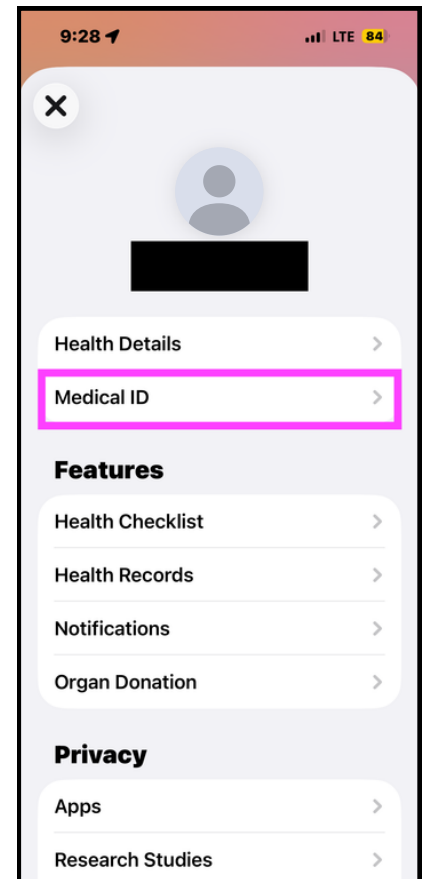
Step 1



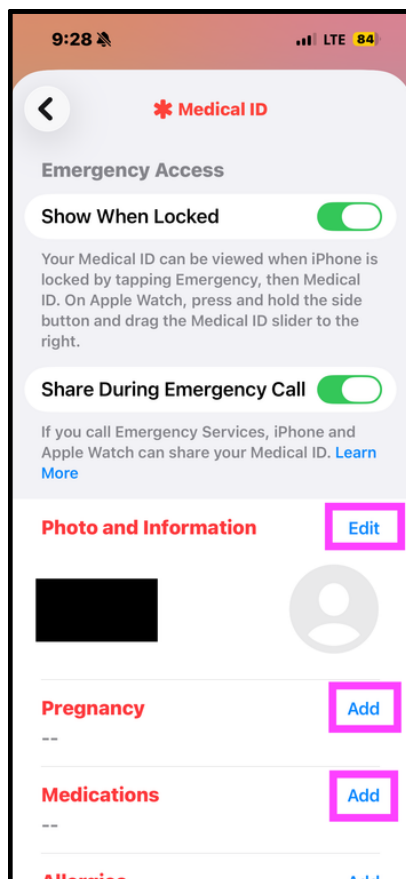
Step 2



Step 3



Step 4



Steps 5, 6, & 7

